



THE WINE AND FOOD SOCIETY OF NEW YORK

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September 26, 2023

**Mushroom Foraging Adventure with Paul Sadowski, Mycologist,
Followed by a BYOW Multi-Course Lunch at The Highlawn in West Orange, NJ
Saturday, November 4, 2023 from 8:00am to 3:00pm
Members \$150 ~ Guests \$200
Event # 1313**

Dear Member:

Please join Event Chair, Chris Ankner, on Saturday, November 4, as twenty of us head by chartered bus from midtown Manhattan to South Mountain Reservation to join mushroom hunter extraordinaire, Paul Sadowski, to forage for mushrooms. After spending a couple of hours in the 2,110 acre nature reserve (part of the Essex County Park System) foraging for fungi, we will bring our mushrooms to a sorting table where Paul will separate the edible varieties from the inedible. We will then head to The Highlawn in West Orange for a mushroom-centric lunch, including, hopefully, a side dish of sautéed wild mushrooms that we picked that morning.

The multi-course lunch will be BYOW, although The Highlawn has an impressive wine list if you choose to make a private purchase on the day. The IWFS pairing guide offers many suggestions to pair with mushrooms: Pinot Blanc, Sherry Amontillado, Merlot and Pinot Noir to name a few, but please don't feel constrained by these options. Bring whatever wine you'd like to pair with the mushroom-oriented meal described in the right panel of this invitation.

Important: Please email Rose by October 27 with the wine you plan to bring. Seating will be arranged in part by your wine selections. If you would like assistance choosing a wine, feel free to reach out to me or any member of our knowledgeable Wine Committee.

The day's agenda is as follows:

8:00am Meet at Wolfgang's on 41st St. to board the bus
9:00am Arrive at South Mountain Reservation for an introductory lecture on mushroom hunting from Paul Sadowski
9:30am Go into the woods and begin the hunt
11:15am Return to the sorting table, where Paul will discuss the trove and separate out the inedible varieties from the edible ones
11:30am Depart for The Highlawn
12:00pm Lunch at The Highlawn
2:00pm Depart for Manhattan
3:00pm Arrive at Wolfgang's on 41st St.

LUNCH MENU

First Course

Organic Pom Pom Mushrooms & Crab

*Colossal Crab, Pom Pom
Mushrooms, Chipotle
Emulsion, Basil Gremolata*

Second Course

King Trumpet Steaks

*Scored Trumpet Mushrooms,
Veal Reduction, Cultured
Butter, Dehydrated Shallots*

Third Course

Porcini Cured Wagyu Ribeye

*Porcini Bordelaise, Young
Dolce Gorgonzola*

Dessert

Black Forest Cake

*Chocolate Sponge, Cherry
Jam, White Chocolate Mousse,
Vanilla Bean Chantilly,
Morello Cherry Sorbet*

This event is like no other. Much of the morning will be spent hiking in the woods -- rain or shine -- so if the weather is inclement you will need to bring proper rain gear. Please wear comfortable clothes that you will not mind getting dirty. While hiking boots are not required, you may find them preferable to sneakers or topsiders in the woods.

You do not have to take the bus from Manhattan, but you may want to as Paul will discuss mushroom foraging *en route*. If you do not plan on taking the bus, please email Rose and include your cell phone number.

About Paul Sadowski

Paul has been an active amateur mycologist with the New York Mycological Society for over twenty-five years. Since 2016 he has been an instructor in Mycology in the New York Botanical Garden Adult Education Program, offering classes in mushroom identification. Paul leads presentations and walks in NYC parks and garden clubs in the tri-state area.

About the Highlawn

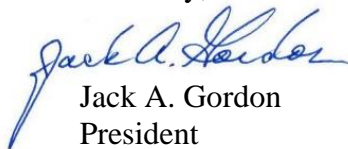
The Highlawn proudly boasts the most iconic panoramic views of the New York City skyline. With its revitalized Grill Room and Bar, and elegant private event spaces, The Highlawn is the gem of Essex County and New Jersey, a landmark venue where exceptional food and service create memories to last a lifetime.

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The Society wishes to thank Chris Ankner for conceiving of and organizing this unique event, Paul Sadowski for teaching us about all things fungi, and the entire team at The Highlawn for opening early on a Saturday to wow us with their great cuisine, impeccable service and unparalleled views.

Reservations for this event can be made online at www.wfsny.org or by contacting Rose at rose@wfsny.org or 908-719-0550.

Sincerely,



Jack A. Gordon
President

Date: Saturday, November 4, 2023

Time: Bus departs in front of Wolfgang's on 41st at 8:00am and returns at 3:00pm

Dress: Comfortable clothing warm enough for the outdoors

Contribution: Members \$150 ~ Guests \$200 (there will be a 4% surcharge if paying by credit card, so best to use Zelle or send a check when reserving your seat(s))

Note: Your attendance at this event constitutes your consent to the use of your name and likeness on the Society's social media and website.